



BWYDLEN CINIO

Ciabattas cynnes

Gyda salad bychan a cholslo cartref - bara brown neu bara diglwtlen ar gael

Ham cartref, caws a picl pinafal - £5.50

Caws brie, cig moch wedi'i fygu a jam tsili ag oren - £6

Gorgimychiaid a mayonnaise lemwn - £6

Eidion a madarch mewn saws Dijon a hufen - £9.25

Cyw iar, chorizo, mayo garlleg a rocket - £7.25

Selsig lleol a marmalead nionyn coch - £6.50

Twrci, llugaeron a stwffin - £6.50

Salad/ Prydau Ysgafn

2 cutlet cig oen o Gymru mewn sbeisys, saws tzatiki, bara pita, salad a colslo - £9.50

Salad cyw iar, cig moch, mel, leim a mwstard graean, colso a deiliach - £8.50

Cranc Tudweiliog gyda gorgimychiaid mewn mayonnaise lemon, cymysgedd o ddeiliach, colslo a bara - £9

Plowman - ham, caws Pont Gar a Caerffili, shytni pinafal, bara, salad bychan a colslo - £9

Caws Halloumi wedi ffrio, betys a gwygbys - £8

Cacennau pysgod eog, coriander a nionyn cynnar, salad bychan, colslo, saws tsili melys - £9

Welsh Rarebit Cwrw Llyn a caws Llyn ar dost gyda salad bychan a colso - £5.50 - gyda ham - £6.50

Taten drwy'i chroen gyda ham a caws, salad bychan a colslo - £6

Omelette caws, salad bychan a coleslaw - £5.50

holwch am lenwadau eraill sydd ar gael

Ychwanegol

Sglodion cartref - £3.50

Sglodion cartref a caws neu mayo garlleg - £3.90

Sglodion tatws melys - £3.50

Ciabatta garlleg - £3.70

Ciabatta garlleg a caws - £3.90

Powlenad o olewydd - £3.90

Bara ychwanegol - £1.50

Gadewch i'r staff wybod os oes gennych unrhyw alergedd bywyd neu anghenion diet arbennig

I ddechrau

Cawl y dydd gyda bara - £4.90

Pate iau cyw iar, Tequila a leim, confit nionyn coch a bara wedi'i dostio - £6.90

Cranc Tudweiliog, gorgimychiaid mewn mayonnaise lemwn, balsamig a bara - £7.60

Gorgimychiaid mawr mewn unai menyn garlleg **NEU** saws cnau coco, tsili a coriander ar ciabatta wedi'i thostio - £7.70

Darnau o gyw iar mewn bara a persli, colslo, saws barbaciw afal - bach £7.20 - mawr £9.90

Cregyn Gleision Menai mewn saws gwin gwyn a tarragon gweinir gyda bara - bach £8

Cinio

Risotto madarch, hufen, parmesan a pys, berwr Caersalem a balsamig - £9.90 ychwanegwch £1.50 os am gyw iar neu gorgimychiaid mawr

Ham, wy a sglodion cartref gyda picl pinafal - bach £8.50 mawr a 2 wy £9.90

Lasagne llysiâu Mor y Canoldir a salad - £10.90

Gammon 10 owns, 2 wy a sglodion cartref gyda picl pinafal - £11.90

Pei Eidion wedi'i goginio'n araf mewn Cwrw Llŷn gyda mash - £12.90

Pei pysgod, hadog wedi'i fygu, penfras a gorgimychiad mawr a mash caws - £12.90

Cyri blodfresych a gorbys, reis a bara naan - £12

Brest cyw iar wedi'i stwffio gyda cennin, caws a cig moch, saws gwin gwyn a sglodion cartref - £14.30

Byrgar cig oen gan cigydd Edern a salad bychan mewn bap brioche, sglodion cartref a mayo garlleg - £11.50

Byrgar stec eidion gan cigydd Edern a salad bychan mewn bap brioche, sglodion a saws tomato a tsili - £11.50

Yn ychwanegol i'r byrgars am - £1.50 yr un - Cylchoedd nionod, caws neu cig moch

Syrloin 8 owns o Gymru, gyda cylchoedd nionod, sglodion - £18.90

Rump 8 owns, sglodion cartref - £15.90

Saws pupur du neu menyn garlleg - £2

Am bwdin holwch am y fwydlen.



LUNCH MENU

Warm Ciabattas

Served with a small salad and homemade coleslaw – brown bread or gluten free bread available

- Home baked ham, cheese and pineapple chutney - £5.50
- Brie cheese, smoky bacon and a chilli and orange jam - £6
- Prawn and lemon mayonnaise - £6
- Hot beef and mushrooms in a Dijon and cream sauce - £9.25
- Chicken, chorizo, rocket & garlic mayo - £7.25
- Local sausages with red onion confit - £6.50
- Turkey, cranberry & stuffing - £6.50

Salads/Light Meals

- 2 Welsh lamb cutlet marinated in spices with a tzatziki sauce, pitta bread, served with salad & coleslaw - £9.50
- Warm salad of chicken, bacon & honey, lime & grainy mustard, mixed leaves & coleslaw - £8.50
- Tudweiliog crab, prawn and lemon mayonnaise, balsamic reduction, mixed leaves, coleslaw & bread - £9
- Halloumi cheese, beetroot & chickpeas - £8
- Ploughman's – ham, Pont Gar & Caerffili cheese, pineapple chutney, bread, small salad & coleslaw - £9
- Salmon, spring onion & coriander fish cakes served with a small salad, coleslaw, sweet chillie sauce - £9
- Welsh Rarebit with Cwrw Llyn & local cheddar, on toast with a small salad & coleslaw - £5.50 with ham £6.50
- Jacket potato with ham & cheese, small salad & coleslaw - £6
- Omelette with cheese, small salad & coleslaw - £5.50
- Other fillings available for jacket potato & omelettes

Extras/Bar snacks

- Homemade chips - £3.50
- Homemade chips with cheese or garlic mayo - £3.90
- Sweet potato chips - £3.50
- Garlic ciabatta - £3.70
- Garlic ciabatta with cheese - £3.90
- Bowl of olives – £3.90
- Extra bread – £1.50

Please inform the staff if you have any allergies or diet requirements,

Starters

- Soup of the day with bread - £4.90
- Tequila & lime chicken liver pate, red onion confit and toasted bread - £6.90
- Tudweiliog crab & prawn cocktail with lemon mayonnaise, balsamic reduction & bread - £7.60
- King prawns in garlic butter **OR** coconut, chilli & coriander sauce served on a toasted ciabatta – £7.70
- Chicken strips coated in parsley & breadcrumbs served with coleslaw & apple barbecue sauce – small £7.20 – large £9.90
- Menai Mussels in a creamy white wine sauce & tarragon, bread & butter - £8

Mains

- Mushrooms, parmesan, cream & pea risotto with rocket and a balsamic reduction – £9.90 (add £1.50 for chicken or king prawns)
- Ham, egg & homemade chips with pineapple chutney – small £8.50/large £9.90
- Mediterranean vegetable lasagne & salad - £10.90
- 10oz Gammon, 2 eggs and chips with pineapple chutney - £11.90
- Slow cooked beef & Cwrw Llŷn ale pie, served with mash - £12.90
- Fish Pie - smoked haddock, cod & king prawns topped with cheese mash - £12.90
- Chicken supreme stuffed with leeks, cheese & bacon with white wine sauce & chips - £14.30
- Vegetable curry, sticky rice & naan bread - £12
- Lamb burger by the butcher in Edern, small salad in a brioche bap, homemade chips, garlic mayo - £11.50
- Steak burger by the butcher in Edern, small salad in a brioche bap, homemade chips, tomato & chilli sauce - £11.50
- With extras at £1.50 each – cheese, onion rings or bacon
- 8oz sirloin steak, homemade chips, onion rings - £18.90
- 8oz rump steak, homemade chips - £15.90
- Black-pepper sauce or garlic butter - £2 extra

Sweets menu available.

Telephone 01758 614091